



SAUCONY Seeker Mads

MADS: SINGING

I've been trying to write music for 3 days and, it just hasn't happened for me, you know? I was like, I just haven't found the music. And then the first thing that popped in my mind was 'you got to go run' you know? That's like the medicine for me. Yeah so like, for instance my feet, they sound kind of like a hi-hat

MAKES HI-HAT NOISE

Then there are these things like 'Thun Thun Thun Thun Thun Thun Thun'

MAKES DRUM BEAT NOISE.

It's kind of like counting inside.

And that instantly creates some kind of songs in your head.

IN DANISH

Hi, my name is Mads Damsgaard Kristiansen, and I seek music through running.

I was like born like with a quietness in me. It feels very nostalgic, or like, natural. Whenever I feel too pressured or things are too noisy, then I try to find the quietness. You can never plan for magic but you can make sure to work a lot, and do your best, and not let your mind get lazy.