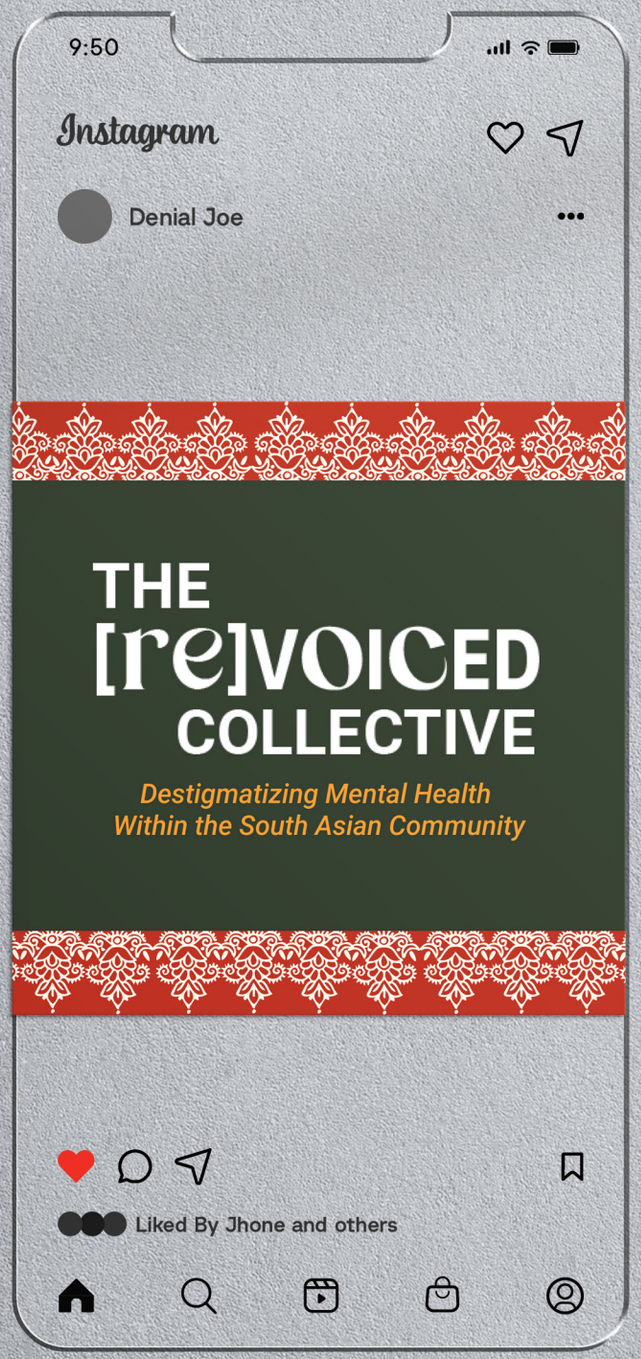
9:50
Denial Joe
Did you know?
1in5
South Asians experience a mental health disorder, yet only a fraction seek help...
THE [re]VOICED COLLECTIVE
Liked By Jhone and others
Creative Design looks Good
and only
23%
of South Asians with mental health conditions seek treatment
THE [re]VOICED COLLECTIVE
why?
1. Stigma and cultural taboos
2. Pressure to appear "strong" and "successful"
3. Fear of judgment from family and community
4. Limited access to culturally competent mental health resources
THE [re]VOICED COLLECTIVE


9:50
Instagram
Denial Joe
THE
[re]VOICED
COLLECTIVE
Destigmatizing Mental Health
Within the South Asian Community
Liked By Jhone and others

Mission
Statement
The second-generation South Asian American community faces unique mental health challenges, where cultural values often clash with contemporary societal norms.
"The [re]Voiced Collective" is a community-driven initiative dedicated to raising awareness about mental health issues within the South Asian American community.
THE [re]VOICED COLLECTIVE

What do we do?
The project aims to provide a supportive platform where individuals can share their stories, access resources, and engage in meaningful conversations about mental health.
THE [re]VOICED COLLECTIVE

9:50

Instagram

Denial Joe

Did you know?

1in5

South Asians experience a mental health disorder, yet only a *fraction* seek help...

THE [re]VOICED COLLECTIVE

Liked By Jhone and others

9:50

Instagram

Denial Joe

and only

23%

of South Asians with mental health conditions *seek treatment*

THE [re]VOICED COLLECTIVE

Liked By Jhone and others

9:50

Instagram

Denial Joe

why?

1. Stigma and cultural *taboos*
2. Pressure to appear "*strong*" and "*successful*"
3. Fear of *judgment* from family and community
4. *Limited access* to culturally competent mental health resources

THE [re]VOICED COLLECTIVE

Liked By Jhone and others